

Student Success Map for **PSYCHOLOGY BA**

	First Year	Middle Years	Final Year
Create Classroom Success	<ul style="list-style-type: none"> <input type="checkbox"/> Meet with your Academic Advisor to review major requirements <input type="checkbox"/> Take General Psychology & Philosophy 20003 or 21003 <input type="checkbox"/> Tour the CORD to locate the Writing Center and tutoring <input type="checkbox"/> Get to know your teachers & attend class regularly, & get to know the course offerings, when courses you are interested in are usually offered & what pre-requisites they have 	<ul style="list-style-type: none"> <input type="checkbox"/> Join a lab <input type="checkbox"/> Check with your advisor on your progress <input type="checkbox"/> Take Research Methods, Careers in Psychology, Statistics, and upper-level Psych. courses <input type="checkbox"/> Take two world language or Cross-Cultural courses 	<ul style="list-style-type: none"> <input type="checkbox"/> Meet with your Academic Advisor to confirm you are ready to graduate <input type="checkbox"/> Take Advanced Research or Seminar, and other advanced Psych. courses
Find Campus Belonging	<ul style="list-style-type: none"> <input type="checkbox"/> Attend HillFest in September <input type="checkbox"/> Read the "One Community, One Book" <input type="checkbox"/> Join an RSO like Psychology Club, Mental Health Awareness Organization, Neuroscience Club, or Alpha Epsilon Delta 	<ul style="list-style-type: none"> <input type="checkbox"/> Increase your involvement in an RSO <input type="checkbox"/> Join Psi Chi, if eligible <input type="checkbox"/> Attend department events and colloquia 	<ul style="list-style-type: none"> <input type="checkbox"/> Mentor a first-year student <input type="checkbox"/> Take on a leadership role in an RSO <input type="checkbox"/> Attend department events
Make Local & Global Connections	<ul style="list-style-type: none"> <input type="checkbox"/> Find a service project on GivePulse <input type="checkbox"/> Explore Study Abroad opportunities 	<ul style="list-style-type: none"> <input type="checkbox"/> Study Abroad <input type="checkbox"/> Conduct a summer research project or internship 	<ul style="list-style-type: none"> <input type="checkbox"/> Attend a professional conference <input type="checkbox"/> Join a professional organization
Build Career Ready Skills	<ul style="list-style-type: none"> <input type="checkbox"/> Take the Career Readiness Inventory <input type="checkbox"/> Find a student mentor <input type="checkbox"/> Explore a minor or combined major in an area studies discipline 	<ul style="list-style-type: none"> <input type="checkbox"/> Complete the Career Launch program <input type="checkbox"/> Explore the PACE microcertificate and/or UofA Career-Ready Badge <input type="checkbox"/> Check-out on-campus jobs 	<ul style="list-style-type: none"> <input type="checkbox"/> Take the Career Readiness Inventory and First Destination Survey
Prep for Post-Graduation	<ul style="list-style-type: none"> <input type="checkbox"/> Talk to a Career Coach about on-campus and/or summer jobs <input type="checkbox"/> Create LinkedIn & Handshake profiles <input type="checkbox"/> Make an affordability plan with a financial aid counselor <input type="checkbox"/> Apply for College and Dept. scholarships 	<ul style="list-style-type: none"> <input type="checkbox"/> Complete a Challenge Card assessment <input type="checkbox"/> Apply for College and Dept. scholarships <input type="checkbox"/> Attend career fairs <input type="checkbox"/> Get lab experience as a research assistant <input type="checkbox"/> Identify prospective grad schools & their application dates & secure grad school recommendations from faculty 	<ul style="list-style-type: none"> <input type="checkbox"/> Conduct 3 career conversations <input type="checkbox"/> Meet with a Career Coach and/or faculty member for assistance applying for grad programs or jobs <input type="checkbox"/> Update your LinkedIn and Handshake profiles

Career Info for **PSYCHOLOGY BA**

What are the UofA Career-Ready Skills?

- Career and self-development
- Communication
- Critical thinking
- Perspective awareness
- Leadership experience
- Professionalism
- Teamwork
- Technology

What skills does this major develop?

- Interpersonal Communication
- Research Design
- Emotional Intelligence
- Survey Design
- Ethical Judgement
- Social Perception
- Conflict Resolution
- Project Management

What graduate programs do majors often go into?

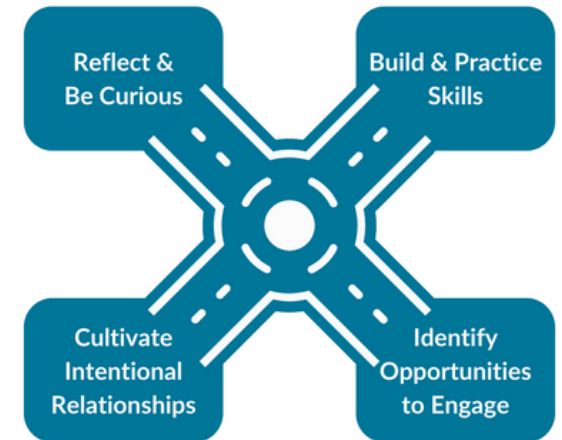
- Psychology
- Counseling
- Medicine
- Law
- Social Work
- Business Administration
- Education or Teaching
- Occupational Therapy

What careers do majors often go into?

- Write your own story! Your broad skillset gives you the agility to blaze paths in emergent fields.
- Psychology majors are found in a wide variety of sectors, using their skills in research, government, nonprofits, education, media, law, healthcare, business development, human rights, social services, and other industries.
- Educator
- Psychologist
- Counselor
- Social Worker
- Human Resources Manager
- Market Research
- Consumer Behavior Specialist
- Psychiatrist
- Survey Researcher
- Grant Writer

How do I start to plan my career?

- Complete the SparkPath Challenge Card activity online and then discuss your results with a career coach or career peer mentor. Talk about why it is important to you, how it relates to you and your previous experiences.
- What organizations are working on it?
- Which of these organizations appeal to me? What role would I like to have with them?
- What are my skills and how will I use them to work on this challenge?
- What skills, knowledge and experience do I need to develop to contribute more to the challenge?
- What is my plan to learn these things? Who can I connect with at the UofA for help?



career.uark.edu
psychology.uark.edu